



GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup:</b>	Bean Curd & Prawn Soup	Consomme/Broth	Chicken Consomme	Vegetable Soup	Lentil Soup	Chicken Soup	Vegetable Consomme
<b>Appetizer:</b>	Broccoli	Cabbage buttered	Spinach saute	Egg plant in sauce	Spicy Antep squash	Vichy Carrots	Buttered Peas
<b>Potato Frits:</b>	Fried Potato from the oven with vegetables	Potato chops sauteed with rosemary	Potato Chips with spice and onion	Deal butter potato with green pepper	Butter potatoes with yellow cheese	Roasted potatoes gratten	Deep fried potatoes with mixed vegetables
<b>Main Corse 1:</b>	Lamb Curry with fried onion	Chicken Pikata	Brochette with veggies	Chicken Casserole	Lamb Skewers	Fried Beef	Steamed Chicken
<b>Main Corse 2:</b>	Grilled Chicken	T-bone Steak	Grilled Fish	Arabic Kabsa with Fresh lamb	Spaghetti Italian Style	Prawn Biryanni	Beef with Mushroom Sauce
<b>Vegetables:</b>	Fried carrots with onion	Eggplant gratten	Pumpkin concase	Crispet white cabbage with yellow cheese	Spinash Ogratten	Fried green onion with far east spices	Sauteed Indian Ginger with cream and mustard
<b>Side Dish:</b>	Rice/Dhal	Arabic Rice/Dhal	Brown Rice/Dhal	White Rice with Almonds / Dhal	Pilao Rice/Dhal	Oriental Rice/Dhal	Fried Rice/Dhal
<b>Eggs to order:</b>	Fried/Boiled/ Scrambled/ Omelet	Fried/Boiled /Scrambled/Omelet	Fried/Boiled/ Scrambled/ Omelet	Fried/Boiled/ Scrambled/ Omelet	Fried/Boiled/ Scrambled/ Omelet	Fried/Boiled/ Scrambled/ Omelet	Fried/Boiled/ Scrambled/ Omelet
<b>Salads:</b>	Salad (6 Types)	Salad (6 Types)	Salad (6 Types)	Salad (6 Types)	Salad (6 Types)	Salad (6 Types)	Salad (6 Types)
<b>Yogurt:</b>	Yogurt (Fruit/Plain /Labneh)	Yogurt (Fruit/Plain/Labneh)	Yogurt (Fruit/Plain /Labneh)	Yogurt (Fruit/Plain /Labneh)	Yogurt (Fruit/Plain /Labneh)	Yogurt (Fruit/Plain /Labneh)	Yogurt (Fruit/Plain /Labneh)
<b>Drinks:</b>	Drinks (Juice/Tea /Coffee)	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea /Coffee)	Drinks (Juice/Tea /Coffee)	Drinks (Juice/Tea /Coffee)	Drinks (Juice/Tea /Coffee)	Drinks (Juice/Tea /Coffee)
<b>Bread:</b>	Bread Types	Bread Types	Bread Types	Bread Types	Bread Types	Bread Types	Bread Types
<b>Dessert:</b>	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream	Dessert (2 types) /Ice-Cream



# Dinner

## Sample Weekly Menu

GUIDELINE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup:</b>	Minestrone Soup	Macaroni Soup	Tomato Soup with Crackers	Lentil Soup	Sweet Corn Soup	<b>BBQ NIGHT</b>	Mushroom Soup
<b>Appetizer:</b>	Green Beans		Fried Cauliflower	Veggies in saute			Carrot saute
<b>Potato Frits:</b>	Mash Potatoes	Potato chips	Creamed Potato	French Fries	Buttered Potatoes		Roasted Potatoes
<b>Main Course 1:</b>	Arabic Kabsa with fresh lamb	Fish Florentine	Chicken with Green Onion	Grilled Lobster Diplomat style	Roasted Turkey with stuffing		Fried Chicken Wing with Soya Sauce
<b>Main Course 2:</b>	Beefstroganof	Entrecote Grill	Vegetable Saute	Arabian Style Lamb Curry	Beef Stew		Steamed Fish
<b>Vegetables:</b>	Rice with Butter and Vermicelli	Mixed Vegetable Grill	Eggplant gratten	Cauliflower Bhaji	Vegetable		Aloo Mutter
<b>Side Dish:</b>	Buhara rice with safrane / Dhal	Spicy Rice with chickpeas / Dhal	Indian style Rice with Ginger / Dhal	Fried rice with green pepper / Dhal	Turkmen plov / Dhal		White Rice / Dhal
<b>Eggs to order:</b>	Fried/Boiled/Scrambled / Omelet	Fried/Boiled/Scrambled /Omelet	Fried/Boiled/Scrambled /Omelet	Fried/Boiled/Scrambled /Omelet	Fried/Boiled/Scrambled /Omelet		Fried/Boiled/Scrambled /Omelet
<b>Salads/Cold cuts:</b>	Salad/Cold cuts (6 types)	Salad/Cold cuts (6 types)	Salad/Cold cuts (6 types)	Salad/Cold cuts (6 types)	Salad/Cold cuts (6 types)		Salad/Cold cuts (6 types)
<b>Dessert:</b>	Desserts (3 Types)	Desserts (3 Types)	Desserts (3 Types)	Desserts (3 Types)	Desserts (3 Types)		Desserts (3 Types)
<b>Fruits:</b>	Fruits (2 types)	Fruits (2 types)	Fruits (2 types)	Fruits (2 types)	Fruits (2 types)	Fruits (2 types)	
<b>Drinks:</b>	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea/Coffee)	Drinks (Juice/Tea/Coffee)	
<b>Breads:</b>	Bread Types	Bread Types	Bread Types	Bread Types	Bread Types	Bread Types	

**NOTE:** Sauces, condiments & accompaniments will be served along with the menu.